



Plan Your Coaching Call

Your Results Coach: _____

Coach Phone: _____

Coach Email: _____

Call Date/Time: _____ Client: _____

Actions I have committed to:

-
-
-

Actions I have taken:

-
-
-

Positive results and outcomes of actions taken:

-
-
-

Challenges encountered or lessons learned:

-
-
-

Specific Outcome desired for THIS Call:

-
-
-

Please complete coaching plan and email to your coach at least 48 hours prior to scheduled call
If you have any scheduling issues or conflicts, please notify your coach as quickly as possible via email.

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